

# Dilgard Produce



## PRODUCT DESCRIPTION

Avocados, Hass

## Pk/Size

1, 48 ct

## ***Dilgard #***

***P04225***

## Hass Avocado Facts:

Haas Avocados are available year-round from California with the peak in June. (The Hass variety comprises 90% of the California crop). Peak season for Florida varieties is January while peak for imports (mostly from Chile) is October and November. The Hass avocado is dark-colored with a rough and bumpy skin. Most other varieties are more green and have smoother skin. Signs of ripeness differ by variety. Hass varieties will turn black when ripe while other varieties remain green. All varieties yield to gentle pressure when ripe. (Softer for guacamole, more firm for slicing). Avoid avocados with very dark skin combined with dented areas. This indicates bruised or old avocados.

### Tips:

To ripen an avocado, place it in a sealed plastic bag with a ripe banana at room temperature. Another method is to bury the avocado completely in a jar of flour. Do not refrigerate avocados until they are ripe.