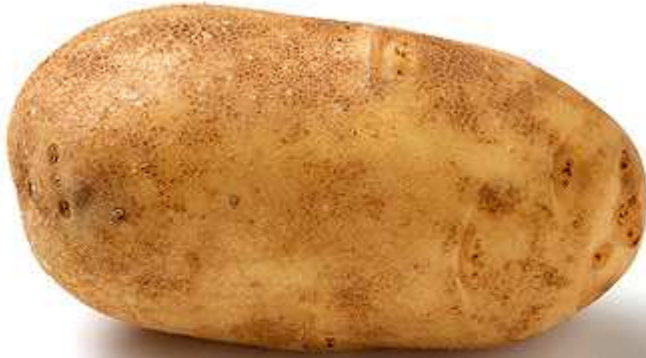


Dilgard Produce



PRODUCT DESCRIPTION

Potatoes, Idaho Baker
100ct

Dilgard #
P00106

Potato Facts: The potato is about 80% water and 20% solids. An 8 ounce baked or boiled potato has only about 100 calories. The average American eats 137.9 lbs of potatoes each year: 50.7lbs of fresh, 55.3lbs of frozen potatoes (French fries, hash browns, etc), 16.9lbs of potato chips, 13lbs of dehydrated potato (mashed potato flakes, au gratin mixes, etc) 2lbs of canned potato.