

Dilgard Beef

IBP 40# Frozen 81/19 Fine Grind



Dilgard #
M06622 FROZEN



PRODUCT INFORMATION

Ground beef chuck may be derived from any portion of a boneless chuck item including the foreshank provided that the shank meat in the mixture not exceed its natural 6 percent proportions. If, however, the purchaser specifies the product's fat content to be 20 percent or less, or when the producer's label declares that the fat content of packaged ground beef chuck product is 20 percent or less, then, unless otherwise specified, the producer will be allowed to use foreshanks up to 50 percent of the formulation as a source for lean, provided the shanks have been mechanically desinewed.

REF: NAMP

Packaging

4, 10 LB RANDOM WEIGHT

Storage

KEEP FROZEN

Shelf Life

Refrigerated 2-3 days, Freezer 6-12 Months



Nutritional

Calories: 68
Calories from fat: 37
Total Fat: 4.07g
Saturated fat: 1.6g
Cholesterol: 24mg
Protein: 7.36g
Calcium: 3mg
Iron .67mg
Sodium: 22mg

Beef Facts: Many of America's favorite cuts such as Top Sirloin, Tenderloin, Strip Steak and 93 percent lean or leaner Ground Beef are lean. Lean beef cuts all have less than 10 grams of total fat, 4.5 grams or less of saturated fat, and less than 95 milligrams of cholesterol per 3 ½ oz cooked serving.