

Dilgard Beef

Beef Cubed Steak 4z B/A



Dilgard #
M06548 FROZEN



PRODUCT INFORMATION

This item is as described in Item No. 136, except not less than 50 percent by weight of the product shall be from any combination of boneless primal or subprimal portions of rounds, loins, ribs, or square-cut chucks. The remaining portion, not to exceed 50 percent by weight, may be composed of trimmings or cuts from any allowable portion of the carcass. The purchaser may specify a quality grade requirement for the primal or subprimal portion and/or the remaining portion. Formulation requirements shall be determined on a boneless basis. Primal or subprimal cuts which have more than a minor amount of lean removed are not eligible for the primal portion.

removed.REF: NAMP

Packaging

1, 10 LB RANDOM WEIGHT

Storage

KEEP FROZEN

Shelf Life

Refrigerated 2-3 days, Freezer 6-12 Months



Nutritional

Calories: 68
Calories from fat:37
Total Fat: 4.07G
Saturated fat: 1.6g
Cholesterol: 24mg
Protein: 7.36g
Calcium: 3mg
Iron .67mg
Sodium: 22mg

Beef Facts:

Many of America's favorite cuts such as Top Sirloin, Tenderloin, Strip Steak and 93 percent lean or leaner Ground Beef are lean. Lean beef cuts all have less than 10 grams of total fat, 4.5 grams or less of saturated fat, and less than 95 milligrams of cholesterol per 3 ½ oz cooked serving.