

Yogurt, Blueberry



DILGARD # R04395

PRODUCT DESCRIPTION

Great tasting new and improved yogurt flavors taste good and are good-for-you. Our 99% fat free yogurts contain 20% daily value of calcium, 35% daily value of vitamin D, and 3 grams of fiber...a combination not found in any other brand in the same size category! Great taste, great value!

UPC Code
1829

INGREDIENTS

Cultured pasteurized Grade A lowfat milk and nonfat dry milk, sugar, blueberries, high fructose corn syrup, modified corn starch, carrageenan, pectin, polydextrose (fiber), natural flavor, Red #40, Blue #1, Vitamin A palmitate and Vitamin D3.

Allergens

Milk

Storage/Shelf Life

Keep refrigerated

Packaging Qty

1, 5 lb

Preparation

Ready to use

Nutritional

Serving Size: 170 g

Calories: 160

Calories from fat: 15

Total Fat: 1.5 g

Saturated fat: 1 g

Trans fat: 0 g

Cholesterol: 10 mg

Sodium: 95 mg

Total Carbohydrates: 31 g

Dietary fiber: 3 g

Sugars: 29 g

Protein: 6 g

*Serving
Suggestions:*

Great dessert alternative

