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OUR COTTAGE CHEESE

Our cottage cheese is the perfect balance between tasty goodness and good-for-you nutrition. Because we believe in bringing together the things that matter to you and your customers and putting them into one awesome tub, all to make life just a little bit better. From fresh and quality ingredients, to calcium and protein, our cottage cheese has the makings of a healthy body - and a healthy bottom line.

OUR COTTAGE CHEESE



5 LB. 1% MILKFAT

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5 LB. 4% MILKFAT

[NUTRITION FACTS](#)

Nutrition Facts	
Serving Size 4 oz (113g)	
Amount Per Serving	
Calories 110	Cal from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 3g	15%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1.5g	
Cholesterol 25mg	8%
Sodium 320mg	13%
Potassium 150mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 11g	22%
Vitamin A 4% • Vitamin C 2% • Calcium 10%	
Iron 0% • Vitamin D 0% • Riboflavin 10%	
Phosphorus 4% • Vitamin B12 10%	
*Percent Daily Values are based on a 2,000 calorie diet.	

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[INGREDIENTS](#)

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