

2% REDUCED FAT MILK

INGREDIENTS: GRADE A REDUCED FATMILK, VITAMIN A PALMITATE AND VITAMIN D3.

FAT REDUCED FROM 8G TO 5G PER SERVING

CONTAINS: MILK

Nutrition Facts			
Serving Size 1 cup (240mL)			
Amount Per Serving			
Calories 120		Calories from Fat 45	
			% Daily Value*
Total Fat 5g			8%
Saturated Fat 3.5g			18%
Trans Fat 0g			
Cholesterol 25mg			8%
Sodium 120mg			5%
Total Carbohydrate 11g			4%
Dietary Fiber 0g			0%
Sugars 11g			
Protein 8g			16%
Vitamin A 10% • Vitamin C 2%			
Calcium 30% • Vitamin D 25%			
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g