

Product: 08127
Description: APPLE RED DELICIOUS US-FANCY
Packaging: 72ct CS
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Description

Red Delicious apple

These sweet, soft apples are good for eating out of hand, but don't bake them or use them in pies. Avoid buying them in the summer; they sometimes get mushy.

Crisp, juicy apples are great in lunchboxes, but they can also be made into pies and tarts, pressed into cider, or baked with sugar and spices. Select apples that are firm, deeply colored, and of average size. Reject those that have soft spots or broken skins. They're available throughout the year, but they're usually better and cheaper in the fall.

Equivalents

Three medium apples weigh about one pound. One medium apple yields about one cup of slices.

Substitutes

Asian pear OR

pear OR

quince (A good choice for baking. It's pleasantly tart, and the fruit holds its shape very well.) OR

chayote squash (This makes a terrific "apple" pie.)