

Fancy 4SV Blue LK Cut GRN Beans



DILGARD # N94497

PRODUCT DESCRIPTION

Green Beans, Brine pack.

UPC Code

52550

INGREDIENTS

GREEN BEANS, WATER, SALT.

Green Bean Facts: Green beans originated in North and South America, India and China. They did not become popular until the 1800s, because they were expensive. Green beans do not only grow green. You can also purchase purple and yellow green beans. The yellow and purple green beans taste just like green beans.

Nutrition Facts*

Serving Size 1/2 Cup (120g)			
Servings Per Container see below			
Amount Per Serving			
Calories	20	Calories from fat 0	
%Daily Value*			
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	290mg		12%
Potassium	75mg		2%
Total Carbohydrate	4g		1%
Dietary Fiber	2g		8%
Sugars	2g		
Protein	<1g		
Vitamin A 4%	•	Vitamin C 6%	
Calcium 2%	•	Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrates 4 • Protein 4			