PUBHOUSE® GOLDEN ALE BEER-BATTERED SEAFOOD

Haddock, Shrimp, Cod, Pollock





- MADE WITH REAL BEER BATTER
- STAYS CRISP FOR LONGER HOLDING TIMES
- WIDE RANGE OF SPECIES AND PORTION SIZES





FEATURES & BENEFITS

MADE WITH REAL BEER BATTER

LIGHT-GOLDEN COLOR, CRISP BITE & AUTHENTIC FLAVOR

CAREFULLY PORTION CONTROLLED

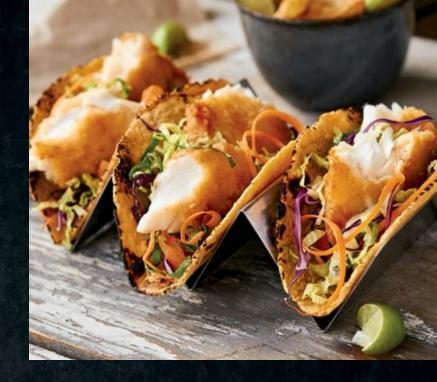
PRECISE PORTION SIZES AND CONSISTENT PRESENTATION

STAYS CRISP OVER TIME

EXCELLENT PERFORMANCE EVEN WITH EXTENDED HOLDING TIMES

HAND-BATTERED APPEARANCE

HAND-CUT FILLETS WITH CRISPY, TEXTURED COATING



SPECIES INFORMATION

HADDOCK

Haddock is a premium Atlantic species preferred by many whitefish aficionados. Snow white, firm, and sweet, its delicate flavor and meaty texture adds intrigue and variety to any menu.

WHITE SHRIMP

One of the most popular shrimp species in the world, Vannamei white shrimp has a clean, mild flavor and firm texture that works well in our Golden Ale beer batter.

PACIFIC COD

Cod is a large, lean whitefish with a sweet flavor, delicate texture, and a large melt-in-your-mouth flake. This popular species is well suited for a wide variety of menu applications.

POLLOCK

A cousin to Cod, Pollock has lean and snowy-white flesh, a delicate texture, and mild flavor. It is one of the most abundant & sustainable seafood species in the world.

PUBHOUSE® GOLDEN ALE PACK INFORMATION

ITEM#	DESCRIPTION	PACK SIZE	APPROX. PIECES PER CASE	GTIN#
1.33W (S. Y.)	COD	3 9公司 百姓公司	DEWEND FOR	12 TO 12 VIA
418440	PUBHOUSE GOLDEN ALE BEER BATTERED COD 2 OZ	2/5 LB.	71-91	0 00 28029 18440 2
418441	PUBHOUSE GOLDEN ALE BEER BATTERED COD 3 OZ	2/5 LB.	49-58	0 00 28029 18441 9
418442	PUBHOUSE GOLDEN ALE BEER BATTERED COD 4 OZ	2/5 LB.	37-43	0 00 28029 18442 6
418443	PUBHOUSE GOLDEN ALE BEER BATTERED COD 6 OZ	1/10 LB.	25-28	0 00 28029 18443 3
418444	PUBHOUSE GOLDEN ALE BEER BATTERED COD 8 OZ	1/10 LB.	19-21	0 00 28029 18444 0
	POLLOCK	A REAL PROPERTY.	KIND SOLAR	
418445	PUBHOUSE GOLDEN ALE BEER BATTERED POLLOCK 2 OZ	2/5 LB.	71-91	0 00 28029 18445 7
418446	PUBHOUSE GOLDEN ALE BEER BATTERED POLLOCK 3 OZ	2/5 LB.	49-58	0 00 28029 18446 4
418447	PUBHOUSE GOLDEN ALE BEER BATTERED POLLOCK 8 OZ	1/10 LB.	19-21	0 00 28029 18447 1
4 10 74 10	HADDOCK		S LINE SALE	TO STATE OF THE STATE OF
418448	PUBHOUSE GOLDEN ALE BEER BATTERED HADDOCK 2 OZ	2/5 LB.	71-91	0 00 28029 18448 8
418449	PUBHOUSE GOLDEN ALE BEER BATTERED HADDOCK 4 OZ	2/5 LB.	37-43	0 00 28029 18449 5
418450	PUBHOUSE GOLDEN ALE BEER BATTERED HADDOCK 6 OZ	1/10 LB.	25-28	0 00 28029 18450 1
418451	PUBHOUSE GOLDEN ALE BEER BATTERED HADDOCK 8.5 OZ	1/10 LB.	18-20	0 00 28029 18451 8
418452	PUBHOUSE GOLDEN ALE BEER BATTERED HADDOCK 10 OZ	1/10 LB.	15-17	0 00 28029 18452 5
100	SHRIMP	E LEAST PAIR	CONTRACTOR OF THE PARTY OF THE	EN PORT BUT
418453	PUBHOUSE GOLDEN ALE BEER BATTERED SHRIMP 31-35 CT	2/5 LB.	260-300	0 00 28029 18453 2

COOKING AND HANDLING INSTRUCTIONS

Keep frozen until ready to use. Cook to an internal temperature of 145° F. Cooking times vary with equipment, load, and fillet thickness; adjust as needed.

		2 oz.	3 oz.	4 oz. Cod	Haddock	Cod	Haddock	Cod	Pollock	Haddock	Haddock	Shrimp
METHOD	TEMP.						MINUTE	ES				
Deep Fry	360° F	4-5	5-7	6-8	7-8	7-8	7-8	9-11	8-9	8-9	9-11	2-3
			Heat oil to 3	60° F. Add	frozen product	, shaking bas	ket occasionally	to prevent a	adhesion.			
Conventional Oven	425° F	16-18	15-18	18-21	18-21	22-25	20-23	22-25	20-23	22-25	23-26	13-16
	Prehe	at to 425°	F. Place froz	en product c	on baking sheet. Cook until cr	For best resisp and gold	sults, turn produ en brown.	ict over halfv	way through co	ooking time.		
Convection Oven	400° F	13-16	12-14	13-16	13-16	19-22	17-20	14-17	13-16	14-17	18-21	8-11
		4000	F DL C		1 12	F 1	·	1 10		11.		

Preheat to 400° F. Place frozen product on baking sheet. For best results, turn product over halfway through cooking time. Cook until crisp and golden brown.

We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

	THE RESERVE OF THE PARTY OF THE																	
Nutrition Facts	utrition Facts PubHouse Cod 2 oz. size			bHouse Cod 3 oz. size		House Cod Loz. size	PubHouse Cod 6 oz. size				louse Cod oz. size	PubHouse Haddock 2 oz. size			PubHouse Haddock 4 oz. size			
Serving Size	2 pieces (1	13g/4 oz)	1 piece (85 g/3 oz)		1 p	1 piece (113 g/4 oz)		1 piece (170 g/6 oz)		1 piece (227 g/8 oz)			2 pieces (113g/4 oz)			1 piece (113 g/4 oz		
Amount Per Serving																		
Calories	220		170		220		330		5 —	440			230			230		
Calories from Fat	at 90		70		90				180			90			90			
	% Daily Value*		% Daily Value*		9	% Daily Value*		% Daily Value*		% Daily Value*			% Daily Value*			% Daily Value*		
Total Fat	10g	15%	8g	12%	10g	15%	15g	23%	21g	3	32%	11g		17%	11g		17%	
Saturated Fat	2.5g	13%	2g	10%	2.5g	13%	4g	20%	5g		25%	2.5g		13%	2.5g		13%	
Trans Fat	0g		0g		0g		0g		0g			0g			0g			
Cholesterol	30mg	10%	20mg	7%	30mg	10%	45mg	15%	60n	mg	20%	35mg		12%	35mg		12%	
Sodium	680mg	28%	510mg	21%	680mg	28%	1020mg	43%	136	60mg	57%	650mg		27%	650mg		27%	
Total Carbohydrate	20g	7%	15g	5%	20g	7%	30g	10%	40g	g	13%	20g		7%	20g		7%	
Dietary Fiber	1g	4%	0g	0%	0g	0%	1g	4%	1g		4%	0g		0%	0g		0%	
Sugars	1g		0g		1g		1g		1g			1g			1g			
Protein	12g		9g		13g		19g		25g	g		13g			13g			
Vitamin A • Vitamin C	0% •	0%	0%	• 0%	0%	• 0%	0%	• 0%	0)%	• 0%	0%	•	0%	0%	•	0%	
Calcium • Iron	2% •	15%	2%	• 10%	2%	• 15%	4%	• 20%	4	1%	• 30%	4%	•	20%	4%	•	20%	

^{*}Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts		ouse Haddock oz. size	PubHo 8.	PubHouse Haddock 10 oz. size			PubHouse Pollock 2 oz. size			PubHouse Pollock 3 oz. size			PubHouse Pollock 8 oz. size			PubHouse Shrimp 31-35 count			
Serving Size	1 piece (170 g/6 oz)		1 piece (241 g/8.5 oz)		1 piece (284 g/10 oz)		2 pieces (113 g/4 oz)			1 piece (85 g/3 oz)			1 piece (227 g/8 oz)			7 pieces (112 g/4 c		12 g/4 oz)	
Amount Per Serving																			
Calories	350		490		580		220			170			440			220			
Calories from Fat	140		200		240		90			70			180			90			
	% Daily Value*		% Daily Value*			% Daily Value*		% Daily Value*			% Daily Value*			% Daily Value*			% Daily Value		y Value*
Total Fat	16g	25%	23g	35%	27g		42%	10g		15%	8g		12%	21g		32%	10g		15%
Saturated Fat	4g	20%	6g	30%	7g		35%	2.5g		13%	2g		10%	5g		25%	2.5g		13%
Trans Fat	0g		0g		0g			0g			0g			0g			0g		
Cholesterol	55mg	18%	75mg	25%	90mg		30%	40mg		13%	30mg		10%	75mg		25%	100mg		33%
Sodium	980mg	41%	1390mg	58%	1640m	g	68%	710mg		30%	530mg		22%	1420m	g	59%	830mg		35%
Total Carbohydrate	30g	10%	42g	14%	49g		16%	20g		7%	15g		5%	39g		13%	18g		6%
Dietary Fiber	1g	4%	1g	4%	1g		4%	0g		0%	0g		0%	1g		4%	0g		0%
Sugars	1g		1g		1g			1g			0g			1g			0g		
Protein	20g		28g		33g			12g			9g			25g			13g		
Vitamin A • Vitamin C	2%	• 0%	2%	• 0%	2%	•	0%	0%	•	0%	0%	•	0%	0%	•	0%	0%	•	0%
Calcium • Iron	4%	• 25%	6%	• 40%	8%	•	45%	2%	•	15%	2%	•	10%	4%	•	30%	4%	•	10%

^{*}Percent Daily Values are based on a 2,000 calorie diet

PACIFIC COD, WHEAT FLOUR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), MODIFIED CORN STARCH, WATER, WHITE CORN FLOUR, BEER (WATER, MALTED BARLEY, YEAST, HOPS), CONTAINS 2% OR LESS OF: PALM OIL, SALT, CORN STARCH, RICE FLOUR, SUGAR, NATURAL FLAVOR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), SPICES, YELLOW CORN FLOUR, EXTRACTIVES OF CARROT, EXTRACTIVES OF TURMERIC, MALTODEXTRIN, GARLIC, GUAR GUM. CONTAINS FISH (PACIFIC COD), WHEAT

HADDOCK, WHEAT FLOUR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), MODIFIED CORN STARCH, WATER, WHITE CORN FLOUR, BEER (WATER, MALTED BARLEY, YEAST, HOPS), CONTAINS 2% OR LESS OF: PALM OIL, SALT, CORN STARCH, RICE FLOUR, SUGAR, NATURAL FLAVOR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), SPICES, YELLOW CORN FLOUR, EXTRACTIVES OF CARROT, EXTRACTIVES OF TURMERIC, MALTODEXTRIN, GARLIC, GUAR GUM. CONTAINS FISH (HADDOCK), WHEAT

POLLOCK, WHEAT FLOUR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), MODIFIED CORN STARCH, WATER, WHITE CORN FLOUR, BEER (WATER, MALTED BARLEY, YEAST, HOPS), CONTAINS 2% OR LESS OF: PALM OIL, SALT, CORN STARCH, RICE FLOUR, SUGAR, NATURAL FLAVOR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), SPICES, YELLOW CORN FLOUR, EXTRACTIVES OF CARROT, EXTRACTIVES OF TURMERIC, MALTODEXTRIN, GARLIC, GUAR GUM. CONTAINS: FISH (POLLOCK), WHEAT

SHRIMP, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), WHEAT FLOUR, MODIFIED CORN STARCH, BEER (WATER, MALTED BARLEY, YEAST, HOPS), WATER, WHITE CORN FLOUR, CONTAINS 2% OR LESS OF: SALT, PALM OIL, CORN STARCH, RICE FLOUR, NATURAL FLAVOR, SUGAR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA), SPICES, YELLOW CORN FLOUR, EXTRACTIVES OF CARROT, EXTRACTIVES OF TURMERIC, MALTODEXTRIN, GARLIC, GUAR GUM

CONTAINS CRUSTACEAN SHELLFISH (SHRIMP), WHEAT.



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