Culinary Select Catalina Blend



PRODUCT DESCRIPTION

- 40% Broccoli florets.
- 30% Whole Green Beans.
- 20% Yellow Carrots.
- 10% Red Pepper Strips.

Dilgard Item # 06060

Vendor Item # 60ZMJ662

INGREDIENTS

Broccoli, whole green beans, yellow carrots, red pepper strips.

Storage/Shelf Life

Keep frozen

Packaging Qty

8, 3 LB

Piece Count

NΑ

Product Benefits

- Brilliant color and larger pieces for fresh, hand-cut appearance.
- Outstanding plate coverage and higher yields.

Preparation

- Stove Top: Cook 3 pounds on high for 6 minutes. Stir occasionally.
- Steamer: Arrange vegetables in a slotted full-size steam table pan. Cook 3 pounds for 4 minutes.
- Microwave: (2200 watts): Place 4 oz. of vegetables in microwave dish with 1 tablespoon water. Cover. Cook on high for 1 minute.

Serving Suggestions:

Serve as a side.

Use in stir fries, hearty stews, and potpies.

Toss with pasta or rice for a satisfying vegetarian entree.

