Dilgard Produce

PRODUCT DESCRIPTION
Spinach, Baby Cleaned 2DYS

Pk/Size
1, 4 lb

Dilgard #
P04916

Baby Spinach Facts:

Baby Spinach is sold either in bags or in bulk. When purchasing loose Baby Spinach, select leaves that are more tender than regular spinach but not limp. Healthy leaves are rich green and have a fresh fragrance. (A general rule of leafy greens is that darker color indicates a higher nutritional value. The dark, rich color of spinach makes it a very healthy green.) Avoid leaves that are limp, slimy, spotted, blemished, or pale green to yellow. Bagged Baby Spinach should have a date stamped on the bag that will indicate freshness. Moisture will promote spoilage in fresh baby spinach so store spinach unwashed whenever possible. Make sure fresh spinach is dry before wrapping it in cellophane or a plastic bag. Tightly wrapped or pre-packaged, unwashed spinach will last 3 to 4 days in the refrigerator crisper.