# Instant Oatmeal

DILGARD # N91640

## PRODUCT DESCRIPTION
Instant oatmeal

***Vendor Item Code***
***43661***

## INGREDIENTS
NA.

### *Storage/Shelf Life*
DRY

### *Packaging Qty*
48 PKTS

### *Preparation*
Ready to use

## Nutritional

Serving Size: .99 Z

Calories: 100
Calories from fat: 0

Total Fat: 2 g
Saturated fat: 0 g
Trans fat: 0 g
Cholesterol: 0 mg
Sodium: 80 mg
Total Carbohydrates: 19 g
Dietary fiber: 3 g
Sugars: 0 g
Protein: 4 g

## Serving Suggestions:

Great breakfast option